

## Mission:

To provide a comprehensive program that supports a child's readiness to learn by fostering challenge, respect for self and others, and assists students in acquiring the skills, knowledge, and motivation necessary to accept themselves and become productive adults and healthy, responsible citizens.



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## CONTACT INFORMATION

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## STATEMENT OF CONFIDENTIALITY

To respect the rights and relationships of students, information shared with the counselor will remain confidential unless it concerns a risk to the student's safety or the safety of others.

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# DERRY COOPERATIVE SCHOOL DISTRICT

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## Middle School Counseling Program



## Middle School Counselors Believe:

- Students deserve to be treated with dignity and respect and have the right to access school counseling services regardless of gender, race, ethnicity, learning ability, severity, and intensity of the issue for which the student is seeking assistance.
- Given the proper support and avenues of choice, every child, regardless of learning style, should be able to achieve to the best of his/her ability in all areas of life; academic, personal/social, and career.
- That School Counselors are an important member of the education team who provide a key role in a student's educational success by supporting his/her ability to succeed.
- That counselors are in a unique position to foster students' growth in an appropriate developmental way and understand how thoughts, feelings and behavior have and effect on our decisions, who we are, and who we will become.
- As education reform takes place, counselors can take a leadership role in guiding and influencing systemic change.



# THE DERRY COMPREHENSIVE SCHOOL COUNSELING PROGRAM:

- ❖ Is a comprehensive and developmentally based program which is planned, coordinated and delivered by counselors who have a masters degree and are certified by the state of New Hampshire.
- ❖ Is an important part of educating the whole child, accessible to all students, not just those identified with special needs or a problem.
- ❖ Provides all students with the opportunity to benefit from information that addresses crisis prevention, as well as crisis intervention and follow-up
- ❖ Has the goal of producing good citizens and promoting growth of a literate adult.

## How School Counselors help students prepare for their future:

### GUIDANCE CURRICULUM:

- Provides developmental, comprehensive, research-based, and district-wide social-emotional curriculum in a systemic way to all students in grades 6-8. Our curriculum focuses on regular classroom guidance lessons that help students develop skills in the areas of empathy and communication, bullying and prevention, emotional management, career exploration, problem solving, and substance abuse prevention.

### INDIVIDUAL STUDENT PLANNING:

- Coordinates student goals, strategies, abilities and interests to assist them in creating and managing their own learning in the areas of academic, career, and personal/social development.

### RESPONSIVE SERVICES:

- Designed to address the immediate needs and concerns of a student, allowing them to refocus on their academic success. These services include:
  - 1:1 Counseling
  - Group Counseling
  - Consultation
  - Crisis Counseling/Response
  - Referrals for Students and Families

### SYSTEM SUPPORT:

- Activities that establish, maintain, and enhance the overall School Counseling Program.
  - Consultation and Collaboration with Staff, Parents, Administration, Mental Health Professionals and Community Services Agencies.
  - Participation in District and School Professional Groups and Committees.
  - Attendance at Professional Conferences