



Elementary School Guidance Counselors help. . .

- students develop a better understanding and acceptance of themselves.
- students cope with family changes that impact academics.
- students develop decision-making and problem-solving skills.
- students develop socially and emotionally, to mature in their relations with others.
- students understand themselves in relation to their own development.
- parents understand their child's emotions, behaviors, and learning styles, and assist them in providing referrals as necessary to meet their child's needs.
- school staff understand and meet the needs of students in intellectual, personal, social and emotional areas.
- parents, teachers, administrators, and students create a positive learning environment.

Who We Are . . .

The Elementary School Counselors in the Derry Cooperative School District are NH State Certified in the area of School Guidance, and follow a comprehensive, research-based, and district-wide social-emotional curriculum. We focus on regular classroom guidance lessons that help students develop skills in the areas of positive friendships, problem-solving strategies, expressing emotions in healthy ways, empathy, and developing good student skills.

Referrals for more specialized Guidance Services in the form of individual or small group sessions to help address issues that are interfering with school success can be made by teachers, parents, and administrators.

Once the presenting issue is discussed with the referral source and the parents have been contacted, a determination will be made as to whether additional school guidance services are appropriate.

For further information about the Guidance Department and its services, please contact the School Counseling Department at your child's elementary school:

Derry Village: 432-1233

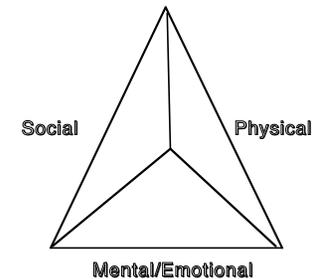
East Derry Memorial: 432-1260

Ernest P. Barka: 434-2430

Grinnell: 432-1238

South Range: 432-1219

THE DERRY COOPERATIVE SCHOOL DISTRICT



The Triangle of Health

Meet Your Elementary School Guidance Counselor



Elementary School Guidance Counselors help students find success in school by...

- helping develop positive attitudes among students towards self, family and community.
- developing and delivering classroom guidance lessons that teach skills such as making healthy decisions, resolving conflicts, and respecting others.
- supporting students by teaching skills for achieving success, and identifying ways to support their “Health Triangle” (social, mental/emotional, and physical health).
- working collaboratively with students, parents, and school staff to identify and remove barriers that may impede student achievement.
- counseling with students individually and in small groups to identify and work on personal goals aimed at improving school performance.

Elementary School Guidance Counselors help students prepare for the future by...

- assisting students to develop personal awareness and explore personal goals.
- helping students develop interpersonal skills needed to relate well with others.
- providing a comprehensive and developmental guidance and counseling program that impacts all students at each grade level.

Elementary School Guidance Counselors believe...

...that children have dignity and worth as human beings, that they are capable of making responsible choices, and that they learn best when they feel good about themselves and their relationships with others.

Attitudes formed during elementary school help shape future attitudes toward learning, self, and society.

