

Derry Middle Schools Athletic Physical Examination

Note to Parents and Physician

1. To be eligible to participate in interscholastic athletics at Derry Middle Schools, every athlete must receive a complete physical examination. This must be done prior to participating in any try out, practice session or playing in any game or scrimmage.
2. The cost of the physical exam is the responsibility of the parent/guardian.
3. Since an athlete is required to get only one physical examination in his /her three year career at a Derry middle school, the Derry School District and the middle school administration feel it is very important that a thorough physical examination be completed.
4. Every athlete is required to provide a medical history update signed by a parent/guardian each school year prior to participation.
5. Any athlete who goes to a physician for an injury will need a release note from that doctor prior to continued participation.
6. Incoming 6th graders must have their physical exam within one year of entering middle school.

Physical Exam Form to be Completed by a Physician

Name _____ Grade _____ Date of Birth _____
Height _____ Weight _____ Urine _____ HGB/HCT _____ BP _____
Skin/Scalp _____ Nose/mouth/throat _____
Lungs _____ Heart _____
Abdomen _____ Genitalia _____
Glands, including Thyroid _____ Spine & Extremities _____
Eyes _____ Ears _____
Allergies _____
Current Medications _____
Past Injuries (sprains, fractures, etc.) _____
Past Surgeries/Illnesses (type and date) _____
General Condition _____

This athlete is physically fit to compete in athletics: YES ___ NO ___ Td/DT/Tdap (circle one) ___
Varivax _____

Restrictions: _____

Name of Physician (please print) _____ Phone _____
Signature of Physician _____ Date _____

To be completed by Parent

Parent name _____	Phone _____
Insurance Company _____	Policy # _____
I have reviewed this form and grant my son/daughter permission to compete in athletics.	
Signature _____	Date _____