

Derry Cooperative School District

March Lunch Menu (updated 3/7/2017)

This menu meets the nutritional guidelines for the National School Lunch Program

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Monday	Tuesday	Wednesday	Thursday	Friday
	BREAK	1 BREAK	2 BREAK	3 BREAK
6	7	8 Entrée Choices Chef's Choice Chef's Choice Luncheon Salad All Meals w/wg Crackers Side Choices Chef's Choice Fresh Veggies Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	9 Entrée Choices Chef's Choice Chef's Choice Luncheon Salad All Meals w/wg Crackers Side Choices Chef's Choice Fresh Veggies Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	10 Entrée Choices Pizza Chef's Choice Luncheon Salad All Meals w/wg Crackers Side Choices Chef's Choice Fresh Veggies Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk
13 Entrée Choices Baked Chicken Deli Turkey/wg Sub Luncheon Salad All Meals w/wg Crackers Side Choices Corn, Carrots, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	14 Entrée Choices CheeseBurger/wg Bun Tuna Sub/wg Roll Luncheon Salad All Meals w/wg Crackers Side Choices Green Beans, French Fries, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	15 Entrée Choices Grilled Cheese Sandwich Hot Dog/Roll Luncheon Salad All Meals w/wg Crackers Side Choices Tomato Soup, Celery Stix Sweet Potato Fries, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	16 Entrée Choices Shepherd's Pie/wg Roll Pulled Pork/wg Bun Luncheon Salad All Meals w/wg Crackers Side Choices Cole Slaw, Carrot Stix, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	17 Entrée Choices Pizza Chef's Choice Luncheon Salad All Meals w/wg Crackers Side Choices Celery Stix, Grape Tomatoes Corn, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk
2 Entrée Choices Popcorn Chicken Deli Turkey Club Sub Luncheon Salad All Meals w/wg Crackers Side Choices Salad, Sweet Potato Fries, Peas, Tomato Wedges Fruit: Fresh Whole +Cut-Up and Canned-in-juice + Juice ***** Choice of Milk	21 Entrée Choices Baked Potato/ Broccoli/Cheese Ham & Cheese wgSub Luncheon Salad All Meals w/wg Crackers Side Choices Salad, Broccoli, Butternut Squash Apple Bake Fruit: Fresh Whole +Cut-Up and Canned-in-juice+ Juice ***** Choice of Milk	22 Entrée Choices Grill Chicken Breast/wg Bun Nachos/Beef/Cheese w/Lettuce Tomato Salsa Luncheon Salad All Meals w/wg Crackers Side Choices Green Beans, Corn, Salad, Fruit: Fresh Whole +Cut-Up and Canned-in-juice+ Juice ***** Choice of Milk	23 Entrée Choices French Toast Stix/Sausage Cheeseburger/ wg Bun Luncheon Salad All Meals w/wg Crackers Side Choices Warm Cinnamon Apples Hash Brown, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice+ Juice ***** Choice of Milk	24 Entrée Choices Pizza Chef's Choice Luncheon Salad All Meals w/wg Crackers Side Choices Chef's Choice Fresh Veggies Fruit: Fresh Whole +Cut-Up and Canned-in-juice, Juice ***** Choice of Milk
27 Entrée Choices Chicken Patty/wg Bun Tuna Sub/wg Roll Luncheon Salad All Meals w/wg Crackers Side Choices Salad, Carrots, Corn Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	28 Entrée Choices Hot Dog/Roll Chicken Pizza Quesadilla Lettuce Tomato Salsa Luncheon Salad All Meals w/wg Crackers Side Choices Baked Beans, Cukes, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	29 Entrée Choices Mozz Cheese Stix/Sauce Tuna Sub/wg Roll Luncheon Salad All Meals w/wg Crackers Side Choices Broccoli, Cherry Tomatoes, Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice +Juice ***** Choice of Milk	30 Entrée Choices Sausage Egg Cheese/wgMuffin Meatball Sub/ wg Roll Luncheon Salad All Meals w/wg Crackers Side Choices Salad, Green Beans Potato Pancakes Fruit: Fresh Whole +Cut-Up and Canned-in-juice+Juice ***** Choice of Milk	31 Entrée Choices Pizza Chef's Choice Luncheon Salad All Meals w/wg Crackers Side Choices Salad, Cukes, 3-Bean Salad Fruit: Fresh Whole +Cut-Up and Canned-in-juice, Juice ***** Choice of Milk

****Menu Subject To Change****

Any questions please contact your school